



FAMILY  
Foot and Ankle  
Center

**Post-Operative Instructions**

**Laser and Surgitron Growth Removal:**

1. Leave the bandages on the foot for three days. Try to keep off of surgical site as much as possible in order to avoid any pain, swelling, or other complications. If any pain or discomfort persists, take Tylenol or Advil.
2. On the four day after the procedure, remove the bandages **very carefully**. Clean the wound with sterile saline using gauze or cotton balls. Be sure to dry the wound area very well. Then, apply Granu L8 to the area. After applying the ointment, cover the area with non-stick gauze.
3. Repeat the dressing changes on a daily basis until next doctor's visit.

Patient Signature: \_\_\_\_\_ Date: \_\_\_\_\_

Witness: \_\_\_\_\_ Date: \_\_\_\_\_

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